## Dr. Victoria Curea - Marriage and Family Therapy, Inc.

9171 Wilshire Boulevard Suite 670, Beverly Hills, CA 90210 (310) 275-8050 *MFC41124* 

## **NEW PATIENT(S)**

Please complete the information below, providing contact address(es) and phone numbers where you may receive **confidential communication**.

NAME:

STREET ADDRESS:					
CITY:	STATE:	ZIP:			
MAILING ADDRESS (if different from ab	ove):	1			
CITY:	STATE:	ZIP:			
HOME PHONE:	MOBILE PHONE:				
EMAIL ADDRESS:					
EMERGENCY CONTACT:	THEIR PHONE:	THEIR PHONE:			
If presenting for Couples or Family There contact info below. If additional space					
contact info below. If additional space					
contact info below. If additional space in NAME:					
contact info below. If additional space in NAME: STREET ADDRESS:	is needed, please request or print a	dditional copies.			
Contact info below. If additional space in NAME:  STREET ADDRESS:  CITY:	is needed, please request or print a	dditional copies.			
NAME: STREET ADDRESS: CITY: MAILING ADDRESS (if different from ab	STATE:	zip:			
NAME: STREET ADDRESS: CITY: MAILING ADDRESS (if different from ab	STATE:  STATE:	zip:			

# Victoria Curea, PSY.D, MFT

# Symptoms Checklist: A checklist should be completed by each person seeking treatment.

Name	Age Birth Date		Today's Date		
Reason(s) for seeking therapy:					
Symptom & Severity	None	Mild	Moderate	Severe	Duration
Depressed Mood, Hopelessness					
Suicidal Thoughts					
Anxiety, Frequent Worry or Tension					
Anger, Hostility, or Feelings of Rage					
Violent Acts					
Impulsivity or reactivity					
Compulsive Behaviors					
Interpersonal problems in relationships					
Problems with Sexual Function					
Concerns re: Sexual Orientation					
Concerns re: Gender Identification					
Weight Fluctuations					
Eating Problems					
Difficulty maintaining proper nutrition					
Substance Use					
Maintaining substance use recovery					
Sleep Problems (too much/too little)					
Difficulty communicating with others					
Financial Problems					
Employment Difficulties					
When was your last physical examination? Please list any chronic medical conditions:					
Are you currently in the care of a psychiat	rist? If so	o, please	provide thei	r name an	d contact info:
Are you currently taking any prescribed m	edicatior	ns? If yes	s, please speci	ify:	
Have you been in mental health treatmen	t before?	)			
Has anyone in your immediate family ever	been di	agnosed	with a menta	ıl illness?	Please specify:
Have you or anyone in your immediate far	mily ever	y attemp	oted suicide?		
Have you or anyone in your immediate far	nily ever	sought	treatment for	substance	e abuse?

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## **FEE AGREEMENT**

•	I understand my fee has been set at per 50 minute session.							
•	I have read the cancellation policy and understand how fees are charged and what I can do to ensure weekly meetings with my therapist.							
•	I understand fees for treatment are payable at time of service.							
•	s can be paid using cash, personal checks or Visa, Mastercard, and American Express credit cards.							
•	By initialing here, I am authorizing Victoria Curea, PSY.D, LMFT to automatically charge my credit card on file for the fees associated with my treatment. This means, I am authorizing Victoria Curea to charge my treatment fee to my credit card when I have received services or when I have "late cancelled" an appointment.							
•	INSURANCE: Should I wish to use my insurance, I understand I must request from Victoria Curea, Psy.D, MFT, a document which contains dates of service, location of service, amount paid for service and a diagnosis code. I understand that only sessions I have paid for AND attended will be included on the insurance document provided by my therapist.							
•	If I have insufficient funds to cover my personal check at the time of its deposit, I will be required to pay the full amount of the check plus any bank fees incurred by Victoria Curea, MFT (normally between \$10.00-\$35.00 per check.)							
•	I understand my fee may be reviewed periodically, especially if my financial situation should change during the course of treatment. Any changes to my fee will take into account what I can afford. Should I become unable to pay the agreed upon fee for service, Victoria Curea, Psy.D, MFT will provide me with appropriate psychotherapy referrals to insure continuity of treatment.							
•	BALANCE ON ACCOUNT: If I leave treatment with an outstanding balance, I will need to make and maintain reasonable payments, discussed and agreed upon with my therapist, in order to bring the balance owed to zero.							
	By signing below I am agreeing to the above terms.							
	Client Name Client Name							
	Client's Signature Date Client's Signature Date							

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#### INFORMED CONSENT FOR TREATMENT

**CONFIDENTIALITY:** I am legally prohibited from revealing to another person that you are in therapy with me. Unless you provide me with written permission, I cannot reveal what you have said to me in any way that identifies you. There are however some instances when your right to confidentiality must be set aside as required by law or professional guidelines. In all of the cases below, it is incumbent upon me to release only that information necessary to appropriately carry out my responsibilities.

- Instances of actual or suspected physical or sexual abuse; emotional cruelty, or neglect of a child or an elder or dependent adult, all must be reported to the appropriate protective services.
- If I have reason to believe that a client poses an unavoidable and imminent danger of violence to another person (or to another's property), I must warn whoever may be in danger and I must notify the appropriate authorities.
- If a court has ordered your treatment with me, or if I am served with a subpoena (i.e. in the context of a legal proceeding in which your psychological health is raised as an issue) I may be required by a judge to release information to the court or I may have to appear in court. Fees for this service will be discussed with you.
- If you as a client reveal a serious intent to harm yourself, I am ethically and legally bound to do what I can to help keep you safe, which may involve notifying others who may be able to intervene.
- Finally, federal law known as The Patriot Act of 2001 requires therapists (and others) in certain circumstances, to
  provide FBI agents with requested items and prohibits the therapist from disclosing to the client that the FBI
  sought or obtained the items.

**TREATMENT FEES:** Once agreed upon, fees should be paid at the onset of each session. Any fee change is negotiated in good faith. It is your responsibility to notify me if your financial situation changes. My fees may change over the course of treatment but always with consideration to your financial ability to stay in treatment. Typically, fees will be reviewed once yearly unless you and I have made other arrangements.

**SCHEDULING and CANCELLATIONS:** Our weekly appointment time is reserved for you. Appointment cancellations must be made 24 hours in advance of your appointment. If you cancel an appointment with <u>less</u> than 24 hours notice, you will be responsible for the fee for that session. Prolonged or repeated cancellations will be addressed clinically and may result in the forfeiture of your appointment time and referrals to other clinicians if we aren't able to resolve our scheduling difficulties.

**COMMUNICATION:** My phone number is (310) 275-8050. I am unable to respond to text messages. I will make every attempt to return calls and emails during business hours. Calls received after 7:00 pm will be returned the following day, Monday-Friday. If you and I have scheduled a phone session, you are responsible for any and all phone charges. Telephone consultations under 10 minutes will not be charged a fee however, consultations of greater length will be pro-rated based on your hourly fee. If you are calling with a life-threatening or psychiatric emergency, please call 911 or proceed to your nearest hospital. Email correspondence should only be used for the occasional transmission of agreed upon documents or to reschedule an appointment. This is to protect both confidential material and to insure an opportunity to participate in real time discussions about treatment related issues.

By signing below you indicate you have read, understood and	agreed to the above policies and have received a copy of
this information.	
Client Name: (Print)	Signature:

Date: \_\_

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### ADDITIONAL TREATMENT INFORMATION and CLIENT INFORMED CONSENT — FOR CLIENT

Please retain this page and the copy of the consent form immediately following.

To the patient,

You agree to enter into treatment with me with the assurance I will perform to the best of my ability and within my scope of practice. The outcome of your treatment depends largely on a collaborative rapport between us and your willingness to engage in the process. You have the right to end your treatment at any time, for whatever reason, without any moral, legal or financial obligation except for fees already incurred. You have the right to question any aspect of your treatment with me. You also have the right to expect I will maintain professional and ethical boundaries by not entering into other personal, financial or professional relationships with you, all of which would greatly compromise our work together.

If I determine you would benefit from adjunct or other forms of treatment, I may make referrals to other clinicians or agencies. Depending on the circumstance, this may bring about a pause or termination of your treatment with me. The need to refer to additional or alternate resources will be discussed with you and you will have an opportunity to respond to my recommendations. Further, in the event I am unable to treat you for any reason, you will be provided with appropriate referrals to other clinicians or agencies. If during the course of treatment you become unable to pay your fee and we are unable to negotiate a new rate which would allow you to remain in treatment with me, I will provide you with appropriate referrals to maintain continuity of care. Under most circumstances, maintaining your mental health care remains solely your responsibility unless you require a higher level of medical care at which time I may involve your emergency contact and/or medical personnel to ensure your safety.

You will be given a copy of the **HIPAA** (Health Insurance Portability and Accountability Act) and asked to review it. The HIPAA outlines in detail the times in which your private health information (PHI) may be shared with or without your consent. Signing receipt of this document also gives me permission to communicate with you and medical entities electronically (fax, email, etc.) It is important you become familiar with this document so you will understand the limits of confidentiality and the efforts I will make to manage your PHI (protected health information.)

Most sincerely,				
Victoria Curea, Psy.D, MFT				

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