

An Interdisciplinary Group
A Component Society of the International Psychoanalytical Association

ALTERED STATES OF BODY AND MIND

A PSYCHOANALYTIC EXPLORATION OF SUBSTANCE ABUSE AND EATING DISORDERS



October 7, 2021 – May 26, 2022
Thursday Nights, 6:00pm to 9:00pm

LAISPS Classroom
12011 San Vicente Blvd. Suite 520
Los Angeles, CA 90049

*Fall and Winter class meetings will be conducted remotely.

Continuing Education credits offered.

Register by September 23, 2021 and receive a discount on tuition.

Victoria Curea, Psy.D, MFT
Lisa Crilley, M.A., MFT
Program Coordinators

Psychoanalytic theory posits that substance abuse, eating disorders and other addictive behaviors are ways of coping with intensely distressing states of body and mind. The person is searching for a way to protect and “restore the self,” or to be immune to narcissistic injury, abandonment, rage and, in some cases, the terror of “coming apart.”

This 30-week course begins with a review of **classical, object relations and intersubjective psychoanalytic concepts** pertaining to substance abuse and eating disorders.

We examine the **neurobiology of addiction, affect dysregulation and anxious attachment strategies** underlying compulsive food and substance use. We examine **sexual addiction, gambling, gaming and the allure of high-risk activities**. We look at how psychoanalytic psychotherapy helps us become more sensitively aware of the **culturally informed** meanings some diverse communities may attribute to food and substance use, stress, trauma and dysregulation.

Students will explore the slippery slope of **enactments** and how for some, a **psychotic character** may underlie a client’s eating or substance use problem. Finally, we uncover the powerful and covert dialogue between **personality disorders, food and substance use**.

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GOALS and OBJECTIVES

- Describe the psychoanalytic theories pertaining to addictive states of body and mind.
- Decode unconscious motivations in the use and maintenance of addictions and eating disorders.
- Identify the brain structures and early developmental traumas that underlie the patient's affect dysregulation and struggle to cope with stress.
- Attend to primitive psychic structures, defenses and potential for enactments within the work.
- Apply psychoanalytic concepts and interventions to work with patients struggling with compulsive behaviors and process addictions.

REQUIREMENTS

- A minimum of a B.A. is required.
- Pre-licensed individuals must provide either a transcript OR a copy of your diploma with their registration.
- Licensed individuals must provide their license number.
- Participants must complete an online evaluation within two weeks of completing each five or ten week class within this CE/CME activity in order to receive continuing education credit.

SCHEDULE of CLASSES, CURRICULUM and FACULTY

October 7, 2021 – December 16, 2021

Alexandra Katehakis, Ph.D, Peggy Matson, Psy.D, Meredith Redding, M.A, and Robyn Smith, M.S.

Introduction to Psychoanalytic Concepts Pertaining to Substance Abuse and Eating Disorders.
Neurobiology, Addictive Behaviors and Affect Dysregulation
Attachment and Developmental Trauma

January 6, 2022 – March 10, 2022

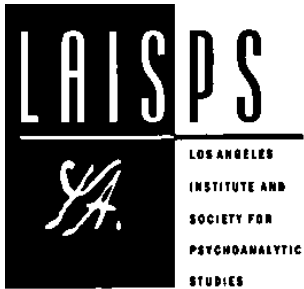
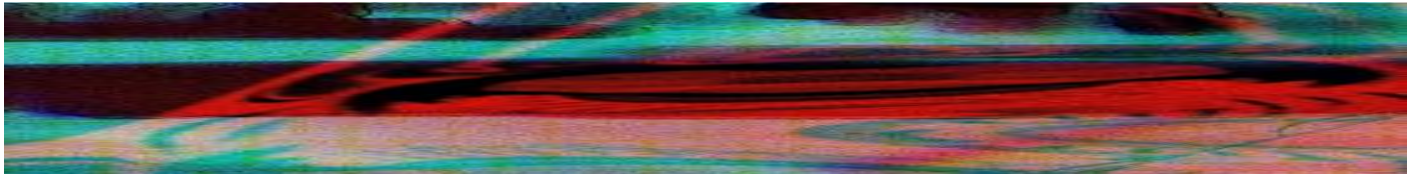
Steve Isaacman, Psy.D, Lanning Melville, Psy.D, Shireen Oberman, M.S. and Sandra Wilder-Padilla, Ph.D

Object Relations of Eating Disorders, Substance Use and Process Addictions
Binge Eating, Obesity and the Drive to Excess
Culturally Informed Use of Psychoanalytic Model with Diverse Populations.

March 24, 2022 – May 26, 2022

Lynda Chassler, Ph.D, Victoria Curea, Psy.D and Jill Lummus, Psy.D

Personality Disorders, Psychopathology, Eating Disorders and Substance Abuse
Special Challenges in Treatment: Exploration of Enactments and Psychosis as a Defense Against Intolerable Pain



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PROGRAM FEES and REGISTRATION

DISCOUNT
Register by 9/23/2021
Licensed Clinicians \$1,375.00
Pre-Licensed Clinicians \$1,275.00

FULL TUITION
Register after 9/23/2021
Licensed Clinicians \$1,525.00
Pre-Licensed Clinicians \$1,425.00

Complete the information to the right and send this page plus your check payable to:
LAISPS
12011 San Vicente Boulevard, Suite 520
Los Angeles, CA 90049

You may also purchase this course using your credit card by accessing <https://www.LAISPS.org/store>

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____
Prof. License # _____
Degree: _____ Years of Experience: _____

REFUND INFORMATION: A student has the right to a full refund of all charges if she/he cancels the enrollment agreement prior to or on the first day of instruction. In addition, a student may withdraw from a course after instruction has started and receive a pro-rata refund for the unused portion of the tuition and other refundable charges if she/he has completed 60% or less of the instruction. In the following example, a student who completed 10 hours of a 90-hour program for which she/he paid \$1525.00 in tuition would receive a \$1,356.00 refund.

Sample Refund Formula:
Hours Paid For - Hours Attended = ____ x Total paid/100 hours
90 hours – 10 hours = 80 hours 80x1,525/100 = \$1,356.00

Important Disclosure: None of the planners or presenters of this CME/CE program has any relevant financial relationship to disclose.

Accreditation Statements

Physicians: LAISPS is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians. LAISPS takes responsibility for the content, quality and scientific integrity of this CME activity. LAISPS designates this educational activity for a maximum of 90 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists: LAISPS is approved by the American Psychological Association to sponsor continuing education for psychologists. LAISPS maintains responsibility for this program and its content.

Board of Behavioral Sciences: The California Board of Behavioral Sciences accepts courses approved by the APA for Continuing Education for LCSW, LMFT, LPCC and LEP licenses.

Attention Psychologists: Psychologists can earn a maximum of 90 CE credits for this program. For psychologists to receive credit for any given session, all classes of the session must be attended. Partial credit may not be awarded, based on APA guidelines.