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The following selections are resources I have come to deeply value in my work. It is by no means complete. I hope you find them useful.

## BOOKS

Akhtar, S., et al, "The American Latino: Psychodynamic Perspectives on Culture and Mental Health Issues," (2015)

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Morgan, O., "Addiction, Attachment, Trauma and Recovery: The Power of Connection," (2019)

Nathans, S., "Couples on the Couch: Psychoanalytic Couple Psychotherapy and the Tavistock Model," (2017)

Ogden, T. "The Primitive Edge of Experience," (1992)

Petrucelli and Stuart, "Hungers and Compulsions," (2001)

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Shelton, M., "Fundamentals of LGBT Substance Use Disorders: Multiple Identities, Multiple Challenges," (2016)

Small, C., "Treating Black Women with Eating Disorders: A Clinician's Guide," (2020)

Steiner, J., "Psychic Retreats," (1993)

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Stoute, B., "The Trauma of Racism: Lessons from the Therapeutic Encounter," (2022)

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